

2022 FCHS Track & Field Summer Camp



Hosted By: FCHS Track & Field coaching staff & athletes

Dates: Monday, June 20th 2022 through Thursday, June 23rd 2022

Location: Freeburg High School

Time: 9:00am-11:00am

Fees & Information: \$50 dollars per athlete. Checks should be made payable to "FCHS." Venmo should be sent to @Jennifer-Hendrix-51. Payments and registration must be received by Monday, May 27th 2022 to be guaranteed a shirt.

Open to all students entering grades 5th-8th.

Goals of the camp: We will teach warm-up drills, sprint dynamics, block starts, baton hand offs, hurdles, field events, (long jump, triple jump, high jump, shot, disc) and stretching.

- Fill out form below and mail to:
Freeburg Community High School
C/O Darren Pierce
401 South Monroe Street.
Freeburg, IL. 62243

Student Name: _____ Gender: _____ Entering grade: _____

Parent(s) Name(s): _____

Contact number: _____ Parent email: _____

Home Address: _____

School attending: _____

Shirt Size: Please Circle: YS YM YL S M L XL

Mandatory Wavier (all participants must sign): By signing below, I waive Freeburg Community High School District #77 and Freeburg track & field camp instructors of any liability for my son/daughter during this camp:

Parent Signature: _____ Date: _____